

# FEBRUARY 2009

SUN	MON	TUE	WED	THU	FRI	SAT
<b>1</b> DENTAL HEALTH MONTH CALL 202-404-5519 OR 5522	<b>2</b> Have New Baby? Need Help? Call the FAP Nurse 202-767-0611	<b>3</b> ANGER MANAGEMENT Class 202-767-0450	<b>4</b> "THE SINGLE PARENT FAMILY" VIDEO & discussion, Room 259 Bldg 1300 202-767-1339	<b>5</b>	<b>6</b> February is National Crime Prevention Month!	<b>7</b> Books: My Mother is the best gift I ever got: Children on Mothers
<b>8</b> Joint Family Resource Center 1-888-256-9920	<b>9</b> Bolling AFB 11th Wing Sexual Assault Prevention Program Call: 202-404-5738	<b>10</b> FEBRUARY IS BLACK HISTORY MONTH	<b>11</b> NEED Help with Parenting? Call 202-767-1339	<b>12</b> Bolling AFB Military Family Life Consultant 202-253-5059	<b>13</b> FEBRUARY IS AMERICAN HEART MONTH-TAKE CARE OF YOURS	<b>14</b> VALENTINE'S DAY!  HUG YOUR FAMILY and Children!
<b>15</b> National center for victims of crime 1-800 - FYI CALL	<b>16</b> PRESIDENT'S DAY  OFFICE CLOSED  READ TO YOUR CHILD EVERY DAY	<b>17</b> STRESS MANAGEMENT 1:30-3:00 Call AFRC at 202-767-0450 REG	<b>18</b> Laugh Your Way to a Better Marriage Workshop "The Tale of Two Brains" Bolling Main Center Chapel REG 767-1339	<b>19</b> Bolling AFB Emergency Number, fire, police Medical 202-433-3333	<b>20</b> Tax Time! 800-342-9647 Military One Source provides Information & Counseling	<b>21</b> AIR FORCE ONE SOURCE 24 HOURS A DAY! 1-800-707-5784 Overseas
<b>22</b>  BOLLING AFB MENTAL HEALTH CLINIC Call: 202-404-3622 M-F 0730-4:30	<b>23</b> Books: Fathers are like elephants because they're the biggest ones around: David Heller	<b>24</b> 12-1 pm Bldg 1300 Room 259 Call 767-1339 to Register "BEGIN WITH LOVE" For Parents with 0-3	<b>25</b> Looking for Loss & Grief Resources?  Go to: <a href="http://www.TAPS.org">www.TAPS.org</a> Kids Camps, survivors seminars, mentors et for military families.	<b>26</b> NEED RE-LAITONSHIP HELP? Take the in home PREP PROGRAM! Call 202-404-3622 and get your relationship on track!	<b>27</b> Books: THE POWER OF COMMITMENT! SCOTT M. STANLEY A GUIDE TO LONG LASTING LOVE FOR YOUR RELATIONSHIP ENHANCEMENT	<b>28</b> CDC- Child Dev centers DV- domestic violence FAP- family advocacy program YC- youth center AFRC Airman & Family Readiness



**"Mission ready, Mission strong...our common goal"**



**BOLLING AFB FAMILY ADVOCACY PROGRAM**

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